



Empowered Girls of North Carolina General Program COVID Procedures

Overview

The following is intended to provide participants, volunteer, parents, and staff with information related to guidelines, processes, and expectations that will be implemented by Empowered Girls of North Carolina for programs, camps, activities, and events. The information included in this document is based on recent orders and guidance provided by the North Carolina Governor, various health organizations, as well as the City of Greensboro.

We are working hard to create an environment that promotes the safety and well-being for all who are involved in our programs. This document will continue to be updated appropriately as new orders and guidance is released. The health and safety of all who are involved in our programs remains our highest priority. As much as possible, we will promote behaviors and implement processes that can help reduce spread of COVID-19. This will include, but not be limited to: implementing new standards related to facilities, education and training on cleaning and good hygiene practice, communicating new responsibilities and expectations for staff, participants, volunteers, and spectators, and establishing protocols for reporting cases. Below you will find a summary of actions we will take to ensure we are lowering COVID-19 risk as much as possible.

1. Facilities

- a. *Capacity Limitations* – Capacity limits will be in effect for specific facilities based on gathering limitations set by the Governor of North Carolina or the Mayor, City Manager, or City Council of Greensboro. This information will be communicated as necessary.
- b. *Cleaning and Disinfecting* - We will intensify the cleaning and disinfecting of frequently touched surfaces in our facilities and with shared equipment. Cleaning and disinfection will occur at least daily, but most likely several times between uses as feasible.
- c. *Physical Distancing* - Participant seating will be marked in 6' increments to promote physical distancing between individuals. This may result in reduced capacity in spaces, and participant seating may be relocated as necessary.



d. *Hygiene* - Facilities areas will be outfitted with hand sanitizer dispensers for participants use. to avoid contamination of frequently touched areas.

e. *Signage* - Hygiene, physical distancing, signs and symptoms, and other necessary signage will be placed in highly visible and strategic locations throughout the facilities.

f. *Restrooms* – Will be available for use, but with capacity limitations and accompanying signage detailing the number of occupants permitted at one time.

g. Use of water coolers will not be permitted.

2. Equipment

a. *Use Personal Equipment* - Participants will be strongly encouraged to bring and use their own equipment and materials when appropriate.

i. Belongings should be labeled and will be separated from others' belongings.

b. *Cleaning Guidelines* - If shared equipment is needed, guidelines will be provided to staff and participants to ensure proper cleaning and disinfecting of equipment occurs between uses.

c. *Additional Equipment* - Depending on the activity and if feasible, additional equipment (craft supplies, balls, bats, markers, etc.) may be provided to minimize the need to share.

3. Staff Responsibilities

a. *Personal Protective Equipment (PPE)* - Staff will be provided with and wear all necessary PPE as recommended by the CDC and required by the City of Greensboro to safely engage with the public and fulfill duties and responsibilities. This will include a face covering being worn at all times when working on site.

b. *Cleaning and Disinfecting* - Staff will be responsible for following cleaning and disinfecting guidelines as set forth by the City of Greensboro. This will include attention to frequently touched surfaces, as well as any shared equipment and materials as necessary.

c. *Symptom Screening* - Participants, staff, or volunteers staff will be required to answer the COVID screening questions required by the City of Greensboro prior to the start of their shift. Those who report symptoms when they arrive or become sick during the program will immediately be separated from other people and sent home.

d. *Program Management* - Staff will implement necessary modifications to programs to reduce spread of COVID-19. This may include, but not be limited to;



delayed start to the program, reducing the number participants allowed in each program, closing of rooms and locations that are used each day due to additional cleaning and enforcement expectations, increasing the amount of time between scheduled activities and programs to allow for proper cleaning and disinfecting and reducing the amount of people at a given facility at one time.

4. Participant Responsibilities

- a. *Monitor and Self-report Symptoms* - Participants are expected to monitor and self-report any COVID-19 like symptoms to camp personnel. If you are experiencing symptoms, **DO NOT** attend or participate in any programs or activities. For youth, it is the responsibility of the parent/guardian to monitor and report COVID-19 like symptoms to applicable personnel.
- b. *Pre-Participation Symptom Screening* - Participants are required to complete any applicable pre-participation screenings before attending programs.
- c. *Hygiene Practices* - Participants will be required to wash hands or use hand sanitizer upon arrival, after contact with other individuals and shared equipment, and frequently throughout the program.
- d. *Face Coverings* - Face coverings are required to be worn at all times even while participating.
- e. *Compliance* - Participants will be required to comply with all rules, guidelines, and processes. Failure to comply will result in removal from the facility and program.

5. Protocols for Exposure and Reporting

- a. *Pre-Participation Screenings (Including Spectators as Applicable)*
 - i. Individuals who do not feel well **MUST** stay home.
 - ii. Individuals are required to be screened prior to participating or entering a facility/field for a program.
 - iii. Anyone with a temperature of 100.4 or higher, or who reports COVID-like symptoms, must not be allowed to participate.



iv. Screening Questions

1. In the last 14 days, have you traveled outside the US, been in contact with anyone that has confirmed COVID-19 diagnosis, or have you been notified that you have been around someone that has been diagnosed with COVID-19?

2. Have you had any COVID-19-like symptoms in the last 48 hours not related to allergies? (Fever, chills, shortness of breath/difficulty breathing, new cough, new loss of taste/smell, nausea, vomiting, upset stomach, diarrhea, headache, or dizziness)?

3. Are you currently supposed to be isolating or quarantining because you have been exposed to a person with COVID-19 or are worried that you may be sick with COVID-19?

4. Take Temperature.

v. Failure to fulfill the required pre-participation screenings could result in removal from the facility and program.

vi. Empowered Girls will record information of individuals who have a temperature of 100.4 or greater, or answered yes to any of the screening questions, and those individuals will be asked to leave.

b. *Reporting* - Consistent with applicable law and privacy policies; individuals should report if they have tested positive for COVID-19, is suspected of being positive for COVID-19, or who has been directly exposed to someone who has tested positive for COVID-19 within the last 14 days.

c. *Reported Cases* - If a case of COVID-19 is reported; individuals suspected of having come into contact with that individual will be notified following applicable law and privacy policies.

d. *Exposure Protocols* - Even with layers of protection, there is a chance that individuals may be exposed to and contract COVID-19. It is important that everyone follow protocols established by Empowered Girls when a case is confirmed. Empowered Girls reserves the right to limit participation by an individual for a prescribed period of time, up to 14 days or longer.

e. *Symptoms on Site* - Symptomatic participants, volunteers and staff will be asked to leave the facility. Cleaning and disinfecting procedures will be implemented by designated personnel following CDC guidelines.



f. *Return to Participation* - Empowered Girls reserves the right to limit participation of individuals for a prescribed period of time, up to possible cancellation of the program.

Assumption of Risk

While Empowered Girls is committed to promoting behaviors and implementing processes that can help reduce spread of COVID-19, the risk of contracting COVID-19, serious illness, injury, and possible death does exist. Participants, volunteers, and staff will all be expected to abide by the rules, policies, and guidelines as set by the City of Greensboro and Empowered Girls of NC. All participants will be required to complete the **Empowered Girls Liability Waiver** prior to participation in any Empowered Girls program.